



Prachi Pandey  
Joint Secretary  
Tel : 011-23389247

D.No. 4-5/2022-PM POSHAN-1-1 (EE.5)

Dated 5<sup>th</sup> July, 2023

*Respected Madam / Sir,*

As you are aware, the U.N. General Assembly recently adopted a resolution and declared 2023 as the "International Year of Millets". The resolution is intended to increase public awareness on the health benefits of Shree Anna (Millets). Millets (Mota Anaj/ Shree Anaj in Hindi) are a group of small grains which are rich in vitamins, minerals, essential fatty acids, and antioxidants that can help to eradicate the plethora of nutritional deficiency diseases.

2. In this connection, please refer to M/o Health & Family Welfare's DO letter no. IEC-33012/1/2021-IEC-FSSAI dated 21<sup>st</sup> June, 2023 stating that FSSAI has prepared a Millets-based recipe book - "**Shree Anna (Millets) Recipes- A Healthy Menu for Mess/Canteens**". The book contains region specific recipes from East, West, North and South and will act as a ready reckoner for providing menu options for breakfast, lunch, dinner and snacks for the canteens and messes of Offices/Jails/Colleges/Hospitals etc. The Book has been released by Hon'ble Union M/o Health and Family Welfare Dr. Mansukh Mandaviya on 31st May 2023 in various languages viz. Hindi, English, Gujarati, Odia, Telugu, Bengali. The book may be downloaded from the link below:

<https://eatrightindia.gov.in/EatRightIndia/books.jsp>

3. Your kind attention is also referred to this Department's DO letter of even number dated 13<sup>th</sup> April, 2023 (copy enclosed) wherein it was requested to apprise this Department by sharing the month wise calendar of activities which are being carried out as well as scheduled to be carried out in the upcoming months to create awareness regarding use of Shree Anna for celebration of International Year of Millets in the prescribed format. However, the information is still pending.

4. I would, therefore, request you to kindly instruct the concerned officials in your State/UT for taking suitable actions to adopt millets-based recipes in the canteens/mess of the schools/offices and promote their health and nutritious benefits as well as provide month wise calendar of activities to create awareness regarding use of Shree Anna for celebration of International Year of Millets to this Department at the earliest.

Yours sincerely,

*Prachi Pandey*  
5.71xXIII  
(Prachi Pandey)

1. The Additional Chief Secretaries/ Principal Secretaries / Secretaries (Education) of all States and UTs.

2. The Nodal department for implementation of Pradhan Mantri Poshan Shakti Nirman (PM POSHAN) Scheme in all States and UTs.

Copy to: All Bureau Heads of DoSE&L with the request to circulate the DO letter of M/o Health & Family Welfare's to all the Autonomous Bodies under their Administrative control.



राजेश भूषण, आईएएस  
सचिव

RAJESH BHUSHAN, IAS  
SECRETARY



सत्यमेव जयते



भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण विभाग  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
Government of India  
Department of Health and Family Welfare  
Ministry of Health and Family Welfare

D.O No: IEC-33012/1/2021-IEC-FSSAI  
21<sup>st</sup> June, 2023

Dear Secretary,

As you are aware, the year 2023 is being celebrated as the International Year of Millets (IYoM). Food Safety and Standards Authority of India (FSSAI), under the aegis of Ministry of Health and Family Welfare (MoHFW), has been promoting incorporation of millets as part of a healthy and diverse diet among different sections of people through its Eat Right India initiatives.

2. FSSAI has prepared a Millets-based recipe book – “**Shree Anna (Millets) Recipes – A Healthy Menu for Mess/Canteens**”. The book contains region specific recipes from East, West, North and South and will act as a ready reckoner for providing menu options for breakfast, lunch, dinner and snacks for the canteens and messes of Offices/Jails/Colleges/Hospitals etc. The Book has been released by Hon'ble Union Minister of Health and Family Welfare Dr. Mansukh Mandaviya on 31st May 2023 in these languages – Hindi, English, Gujarati, Odia, Telugu, Bengali. The book may be downloaded from the link below.

<https://eatrightindia.gov.in/EatRightIndia/books.jsp>

3. It is requested that the millets-based recipes may be adopted in the canteens/mess of your Ministry and associated departments/bodies and promote their health and nutritious benefits.

4. For any query/help, Shri Sidhartha Roy, Principal Manager, SBC Division, FSSAI (email: roy.sidhartha@fssai.gov.in; Contact no: 9717065713) may be contacted

Warm Regards.

Yours sincerely,

  
(Rajesh Bhushan)

Secretaries to Govt. of India  
All Ministries / Departments

GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
SHASTRI BHAVAN  
NEW DELHI-110 115



भारत सरकार  
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स्कूल शिक्षा और साक्षरता विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115

Prachi Pandey  
Joint Secretary (EE.1)  
Tel: 011-23389247

D.No. 4-5/2022-PM POSHAN-1-1 (EE.5)

Dated 13<sup>th</sup> April, 2023

*Respected Madam / Sir,*

As you are aware, the U.N. General Assembly recently adopted a resolution and declared 2023 as the "International Year of Millets". The resolution is intended to increase public awareness on the health benefits of Shree Anna (Millets) which are abode of vitamins, minerals, essential fatty acids, and antioxidants that can help to eradicate micronutrients deficiency diseases (hidden hunger) and their suitability for cultivation under tough conditions marked by climate change.

2. In this connection, please refer to this Department's DO letter of even number dated 27<sup>th</sup> September, 2022 & 3<sup>rd</sup> March, 2023 (copies enclosed) wherein it was requested to carry out various activities to celebrate International Year of Millets involving school children. It is also requested to refer to this Department's letter no. 4-6/2018 MDM-1-1 (EE.5) dated 23<sup>rd</sup> January, 2023 (copy enclosed) wherein it was requested to include one millet-based meal once in a week under PM POSHAN Scheme.

3. In this regard, you are requested to apprise this Department by sharing the month wise calendar of activities which are being carried out as well as scheduled to be carried out in the upcoming months to create awareness regarding use of Shree Anaa for celebration of International Year of Millets in the prescribed format attached herewith latest by 17.04.2023 positively.

4. I shall be grateful if you could look into the matter personally and instruct the concerned officials to take necessary action on the issues mentioned above.

With regards,

Encl: As above

Yours sincerely,

*Prachi Pandey*  
13.4/2023  
(Prachi Pandey)

The Principal Secretaries/Secretaries (Education) all States/UTs, PM POSHAN Scheme.

Copy for similar action to :

- (i) Economic Adviser (SE&L).
- (ii) Director, NCERT.
- (iii) Chairman, CBSE.
- (iv) Commissioner, KVS.
- (v) Commissioner, NVS.